



Trauma-informed Client Care workshop for Police and Service Providers



By
Timea E Nagy
Survivor, Best selling Author and Award Winning Educator

Interviewed by major Media outlets over the years



The
Economist



THE
GLOBE
AND
MAIL

Forbes



One Day workshop

9 am to 4:00 pm

Morning sessions:

Trauma Lab (short version)

A unique perspective on unresolved trauma from a survivor who utilized science-based tools to heal her complex childhood trauma and experiences of human trafficking.

Afternoon sessions:

How to support clients with complex trauma in crisis and long-term case management.

Two days workshop

Day - 1

Morning and Afternoon Sessions with Discussions

Trauma Lab (longer version)

A unique perspective on unresolved trauma from a survivor who utilized science-based tools to heal her complex childhood trauma and experiences of human trafficking.

Day – 2

Morning

How to support Clients with complex trauma in crisis and long-term case management

Discussions, group exercises

Afternoon

Community mobilization:

How to support clients among various agencies

How to create a centralized client care model?



About Trauma Lab

Experience transformative healing with an Internationally recognized Best Selling Author and Survivor of Human Trafficking, Timea E Nagy.

This innovative program offers a safe space to explore and understand the impact of trauma on mental and emotional well-being from a Trauma survivor's perspective. Through interactive sessions and expert guidance, you will learn effective coping strategies, build resilience, and develop a deeper connection with your self, the clients you serve, or loved ones who survived traumatic events. Join us to embark on a journey of self-discovery and empowerment as you transform trauma into strength and foster a healthier, more fulfilling life.

HIGHLY RECOMMENDED FOR:

Social Workers, Service Providers, Front Line workers, First Responders, Individuals Impacted by Trauma

It is especially helpful for Frontline workers working with

- **Survivors of human trafficking**
- **Intimate partner violence**
- **Youth at risk**
- **Vulnerable youth**
- **Young offenders and individuals stuck in unhealthy cycles and repetitive behaviors.**





Workshop topics

This course will walk you through several topics, from the Science and Survivor's perspective

- **Generational Trauma**
- **Childhood Trauma and the Subconscious Mind**
- **Victim Mentality and the brain science behind it**
- **Living in crisis mode**
- **Financial Trauma**
- **How to Break Unhealthy Repetitive Behaviour**

- Available Free Resources





REVIEWS



“I never cried such a good eye-opening cry in my life. I did this training to better help my clients in my line of work as a residential counsellor, and never realized I needed this course for myself as much as I did.”

- Social Worker

“Those of us in the human services world will benefit from this training, and so will the people we serve.”

- Social Worker

“This course offers insight as to how trauma could be stored in the body and that the victim mentality can become a permanent and haunting oppressor. This course is an epiphanic stepping stone for Survivors of Human Trafficking and trauma.”

- Survivor of Human Trafficking



Take a sneak peak



[CLICK HERE FOR A SNEAK PEAK AT OUR ONLINE COURSE VERSION PROMO](#)



”

This course has been an eye-opener for me. It has taught me information that I didn't even know about. I want to say thank you so much because without this course I wouldn't be on my path to my new healing journey.

Thank you Timea for creating this course!

Canadian Survivor of Human Trafficking



**Thank you
for the
work you
do!**



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